November 2020

Líchínga, Níassa Moçambíque

Deutschland

# Dear friends! Ola, bom dia!

Ich have been thinking about you a lot during these special times, with all their Corona limitations. Here in Lichinga we are doing well, so far we have hardly had increasing Corona cases or mortalities. We are obligated to wear face masks, but not everybody adheres to the rules, despite the fines. Except for refugees coming to our area, we have not been affected by the unrest in the C.Delgado Province, which is a 12 hour care ride from Lichinga. See www.clubofmozambique.com or Deutsche Welle)







With missionary friends, thankful!

In our daily life there are other, more relevant illnesses, like malaria, HIV and other infections. And as every year we are praying for sufficient, but not too much rain (for about 4 months), so the corn crops will turn out well in May.

Health / prevention lessons from August to October (3 hours a week for 8 weeks) at Sim Bible School





with face masks and distance. Here with P., who has been teaching there for 25 years, she has been working throughout the Niassa province. She has such a great way of teaching interested students what is most important, for example Covid prevention, infectious diseases etc.

## AL... finally home!

She is quite content at home, her deep bedsores are healing very slowly, they are looking clean, but she needs a nurse to come and change the dressing every other day.

Her mother, who had faithfully and lovingly cared for her for three years in the hospital died recently of metastasizing cancer as well as cardiac insufficiency and myocardial disease. She was 54 years old.

Revelation 21:4 is my comfort as well: *He will wipe away every tear from their eyes*. With Him there will be no more suffering or pain.



With my good friend J.

**Newslet** 



Al.'s mother F.





AL's nephews They play around the house and make her laugh!

Yesterday we had lunch at Al's house after practicing passive movements, as she has many contractures and spasticity in her paralyzed legs.

Traditionally the family will stay together for three days and nights, share their meals and no one is alone in their grief. Neighbors are coming by as well. The family is part of the Yawo people. They have been Moslems for generations.





Typical food: "Ugadi" (Kiswahili or ChiYawo) or "Xima", a kind of corn Porridge with "Caril", a sauce made with vegetables, beans, fish, chicken, whatever they have.

She turned to me and said: "this is something we can do for you." That touched my heart.. she has become a precious friend, even though it looks like I am the one who gives more, she gives me so much.

I am not saying that friendships are only about giving!



## Dino, the dog

Has survived the parvovirus. He didn't eat for 8 days, I injected him with NaCl 0,9% subcutaneous (under the skin), I hoped a lot – antibiotics won't help against a virus. A little miracle dog and here he is useful as a second guard dog and companion!



## Car

I will sell my old car as soon as I find a new one – I have two potential buyers. A used Toyota would be best, as spare parts are easy to find.

#### Faith

What can we offer to God? Faith, among other thing and he will help us as well. It will be tested, see 1 Peter 1:6-9.

That means difficulties as well - we have plenty of those here, which keeps bringing me back to the core: Jesus Christ.

I recognize God's presence in so many things and he lights up the dark. Psalm 18.

Ziva



### Medical ministry ad more

I have been supporting the **YWAM clinic** since August and will continue to do so until the end of November. After that there will be a 2 months rainy season break. (Something that is common here, but I didn't know before Lichinga)

"I came here and felt so much peace, so I knew I could be healed" - a patient tells us so. Here we are working with Mozambican believers who have received very good training. We pray with every patient and we laugh a lot!!





I usually need translation from

Yawo, as I know only a few words, sometimes I can guess the meaning from the context, but never the whole story of a patient. It is usually about gynecological disorders and also very sick toddlers, like

undernourishment, malaria, diarrhea etc. In those cases I profit from my years with the baby clinic in Gondola.

Several new and familiar children with disabilities are coming, we can stay in touch like that. They usually need us to support them with beans and peanuts (proteins) or milk, sugar and oil. They are malnourished and develop illnesses as a consequence.

**Physiotherapeutic exercises** There might be a possibility to extend the clinic next year, so I can work with the children and their mothers and teach them exercises to practice at home.







**Twins!** Their mother had worked with us at the clinic until 6:30pm. Contractions started at midnight and at 3am the children were born without a cesarean.

Thank you for your prayers, also for peace for the nation of Mozambique. Be blessed, protected and healthy, until we meet again. **The clinic** on November 3rd: More then 70 people, the two of us and our two translators can only treat 30-35 people in 4.5 hours.





## My trip to Germany

Due to the restrictions it remains a topic for prayer to find the right time.

## 1Kor 7,17: the Message

"And don't be wishing you were someplace else or with someone else. Where you are right now is God's place for you. Live and obey and love and believe right there."

That is fitting for me personally.

*Heide* with spring greetings

PS: A link I like very much: www.gebetshaus.org Prayer house Augsburg – good lectures and worship / prayer 24/7

# Nature here:



At the great lake, "Lago Nissa" (bordering Malawilake in the middle): A few days of recreation with friends; it is hot and beautiful there.



Spotted here on November 3rd, a circle around the sun, maybe due to high humidity.



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