

August  
2020

Lichinga, Niassa  
Moçambique

Deutschland



Dear friends, family, reader!



This picture was taken before the Corona pandemic and the state of emergency that started on April 1st 2020.

I hope you are all healthy!

I miss the children and their mothers. Thanks to your help I am able to continue supporting some of them. To some of them I am able to deliver

food like corn, beans, sugar, oil, dry milk regularly. I arrange meetings for that.

Many other mothers have been unreachable since April. They are probably working their fields, but they are also afraid of Corona and have no phones, which makes it impossible to get in touch with them.

#### **I have been supporting this little family**

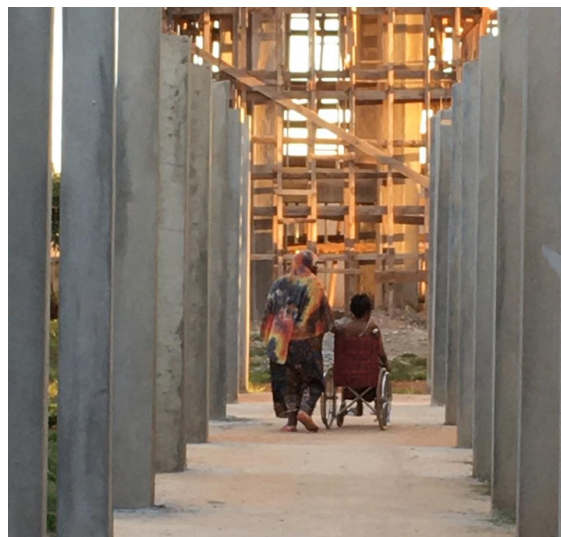
– mother and two children age 4 and 12 years for the last three years. It is one reason for their survival. They suffer from chronic diseases and are not supported by their family. I had taken them to a private physician for diagnostics and medication several times.

Meanwhile I know that the mother is physically stronger and able to work their field, which means that she won't end up in prostitution like so many in her situation.

A Mozambican believer working with YWAM read the bible to her and prayed for her and she invited Jesus into her life. I appreciate the cooperation, because I work from my end, but the Mozambican friend can better communicate with her in her own language (Yawo) and culture.



AL,  
my 20 year old  
friend who has  
been at the hospital for two years.



I see her almost every day, help with food (fresh vegetables, eggs etc., dry milk, oil, sugar, ... vitamins) and – as much as possible – work with her physiotherapeutically. A little while ago her mother asked for the first time, amazed that I was still coming and she had tears in her eyes... after 18 months of regular and since March daily visits!

Many here don't want to be burdened with ill people who don't belong to their family, even if they are believers – this is motivated by the fear of spiritual powers as well.

*Jesus says in Mathew 25:35: For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? When did we see you a stranger and invite you in, or needing clothes and clothe you? When did we see you sick or in prison and go to visit you?' "The King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers and sisters of mine, you did for me.'*

**Corona** has changed things since April 1st, because I cannot and must not do my routine work. Two of our children died due to a lack of medication, malaria tests and others things caused by Corona. I have been able to meet some of them to supply them with dry milk, but most are unreachable at this point. I hope to be able to work differently starting at the end of August or on September, for example

- An evening health and prevention course at the bible school starting August 20th until October 8th
- Physical therapy for children with special needs at the hospital, exercising to improve the moving and speaking.
- Once a month physical therapy with children in a smaller clinic (YWAM)
- Home visits in the "Bairros" (city districts) to see a few mothers and children

**AND**

starting a new mother-children group once a week. I can use a room at SIM bible school for that. It is 500m from the former room that I cannot use anymore for they need the room for some other use.



#### **The parable of 5 breads and 2 fish.**

I have more than enough, I am well equipped in Jesus.  
I received this parable and other encouragement through mentoring via Skype: I have been doing this regularly since the end of 2017 and I am very thankful for it.

I can feel that I am not alone with my vision to help the children and support their mothers within their circumstances. I have not been able to implement my vision of horse therapy so far, but I hope to continue my studies through book or online videos about exercises against spasticity and

contractures, something most children and even adult physical therapy patients are suffering from.

#### **At the hospital:**

My friends sent some baby clothing and I was able to give some to this girl. Her mother and I can only communicate through signs or a good translator. She travelled 6-7 hours from the bush, where they speak another language, for an operation of her 6 months old baby. She was so very happy to receive a little help!





### CAR:

I have been allowed to drive this great car since July. The owners are abroad for the time being and they have loaned their car to me. My own car is “resting”, as the front tire system is broken and it is too dangerous to drive. Sadly it has several other problems as well and I will probably have to sell it soon.

I urgently need a well maintained 4x4 (money has specifically been donated for that purpose over the last 2 years to Globe Mission) and I also need someone to go with me to take a look at it – a mechanic would be best. Corona doesn’t make things easier...

I am going to repair my old car (built 2001) one last time... it is very useful here, otherwise my ministry would be very limited. A generous donation from my friends confirmed this plan.

I need a car to transport people, sometimes ill people, supplies, trips to the airport (arrival and departure) and much more, visits and it is also protection for me personally compared to riding a bicycle or walking, especially when I have to travel at night, after bible school or in general during the 4 months rainy season with its mud and water on roads that are partly invisible.

I have been waiting for 4 weeks, because those are coming from South Africa to Maputo by plane.



### On the road

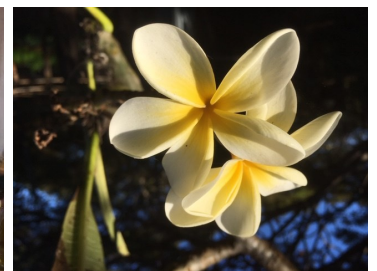


#### Car trouble:

On our way back, 15km from Lichanga, friends picked us up and towed us home. On the road with missionary friends through the huge Niassa province ... visiting South African farmers for 4 days. It was beautiful, even though it is winter and dry season.



Coffee roasting at the farm. Really awesome that it is possible!





### COVID 19 Mozambique:

After 4 months of a state of emergency (according to the constitution they can only extend it three times) since April, we hope to see openings concerning international travel and flights in September. We are excited that the department of immigration is planning to open on October 1st – it has been closed since April 1st – because all foreigners need to renew their residence permits annually.

According to the German embassy the numbers of cases are increasing.

As an exception they are extending the state of emergency again starting on the 8th of August, after that schools, universities, daycare centers for children are supposed to open gradually...

We are thankful that our situation is NOT as desperate as in other countries and we keep for God's protection for Mozambique.

Recently the United States delivered 50 respirators, because you can hardly find any here.

THANK YOU for every prayer and faithful support.

I am looking forward to seeing you, hopefully by the end of the year, that is my plan. It will be difficult due to the COVID measures of neighboring countries like South Africa. It is not impossible, you just have to find a direct flight without stops in Maputo or Johannesburg. Unfortunately it is hardly possible to find suitable connections.

God bless you and keep you and guide you,

**Heide**



P.S: One of my favorite books at this time: Charles Mackesy

A worship song that moves me deeply:  
"Goodness of God",  
Jenn Johnson, Bethel Music

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### Contact:

**In Germany:**  
Ulrike Lauer  
An der Aue 3E  
64372 Ober-Ramstadt  
Ulrike\_Lauer@web.de

In Mosambik:  
H. Zwirner  
C.P. 296  
Lichinga, Niassa  
Mosambik

If you want to call me:  
My mobile:  
**00258-87-7835047**

Homepage:  
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