

April  
2020

Lichinga, Niassa  
Moçambique

Deutschland



Dear friends,

With this letter I would like to give a brief impression of what life looks like for me, my personal view.

Thank you for being with me and for the people and for your support, accompany, love - over thousands of kilometers. Thanks to many of you who keep asking, sending messages, praying - you are an immense blessing!



**Travelling** with friends - to visit missionary friends in Cuamba (370km from Lichinga) and also to work together on child protection guidelines.

Hike in 36 °C (97 °F) heat at 9am ... we were totally exhausted at 11am. Wonderful views and nature!



Meeting with F. and her family in Cuamba - after many years, I knew her and the husband through a missionary friend in Maputo, 2004! A really special surprise!



R., a friend and missionary from Chile and I

**NOW to Covid19:** For about 2 weeks in the country, 10 cases have been registered so far.

These buckets are at every shop and in front of the restaurants and in the hospital in many places, hand washing is now mandatory.

I think people are generally quite disciplined - although there is still no Covid here, the media is full and fears are already very noticeable.



**“Centro de apoio”**, for caretaker of the Covid sufferers at “Intel”, the Bible School of SIM.

A doctor came with an administrator from the Ministry of Health, who taught for several days with slides, statistics, and practical hand-washing exercises for explanation.

We are a team of eight leaders, consisting of the British doctor Dr. P. (here for 25 years with training of health workers "public health"), four Mozambicans, including a pastor, the SIM director and missionary Tim (his newsletter is attached), the German DMG missionary Verena, educational director of the Sim Bible School, and me.







Pastor Z. teaches in the open, roofed center at the Bible School



Training by doctor and administrator of the Lichinga Health Department

For this purpose, over 70 Mozambican volunteers have been trained in groups for over 2 weeks. This help centers will open as soon as Covid19 cases occur on site.

Plan by Dr. P.: 4 centers are to be opened across the city (200,000 inhabitants in Lichinga), also to relieve the provincial hospital here, so we work closely with the health department or have its authorization.

The following help will be offered:

- Instructions for care of the "Covid 19" patients at home, in isolation. If you are seriously ill, you have to move to a special center on the outskirts with 20 beds. There is no ventilator, but oxygen.
- Instructions for washing hands
- Registration of the sick by the caretakers.
- 20 tablets of paracetamol are given for symptomatic therapy.

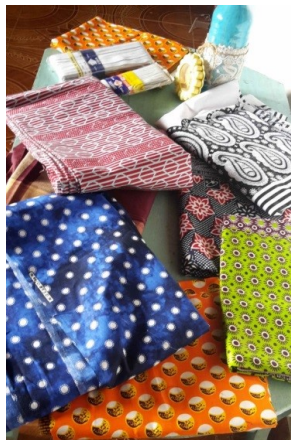
So we are all very busy with training, meetings, preparations such as big purchases of soap, buckets, "bleach" (chlorine), food, or looking for it in various markets or shops (time factor, and rush ...)

Protective masks are sewn at home by various very gifted missionaries!

Fabrics available in many great colors!



Instructions for washing hands



**AL. , my friend in hospital,** has been there for almost 2 years now. Her suffering continues, the current external circumstances mean that everything will be more difficult for her. Fewer visits, that is, less food ... because the hospital expects the relatives to take care of it; in hospital there is minimal basic care in every aspect.



The entire CARE is done by relatives, including washing the sheets, pillows, everything brought from home.

More than ever, she needs help and love, prayers, and Jesus. She and her mother are Muslim, but not active — the whole family has been Muslim for generations.

My English missionary friend H., visiting here in January and we both at AL.'s. in the hospital - her mother on the right. It was a great pleasure to have her here and perfect timing from God.

As you can imagine, due to the restrictive protective measures, schools and kindergarten, and communities, mosques etc. have been closed since April 1st.  
For two weeks now we have closed or canceled our mother-child group until further notice.

**Testimony amid a lot of uncertainty and fear:**

Many whom I meet on the way every day are more open than ever to talk about God, His love for everyone.

Watchman M. happily told me that his wife through prayer to Jesus banished the demons that wanted to torment her at night! These nocturnal "disturbances" are a great reality here, also linked to traditions.

Or just questions that come from despair .. there are no meetings in the church or the mosque - so how can you meet God? Is that possible?

Without being able to go to the house of God? For many a challenging question-  
For me, every day is an opportunity to simply say:

*"Call the name of Jesus, experience God in your life, read your Bible - you can do it without a pastor and church meeting, at home or on the way, always - because God is here, He hears you."*

THANK you for your valuable prayers!

THANK you, for e-mails, calls, online "meetings",  
I am happy, e.g. that there is an opportunity to follow services online  
(<https://www.efg-muehlthal.de>, follow the instructions on website.)

I'm currently looking at various encouragements from

-ICF Zuerich, Leo Bigger

-Maria Prean,

-Reinhard Hirtler

Kind regards, I pray - except for here - for Germany, Europe, the world from here  
and especially for your health,

**Heide**

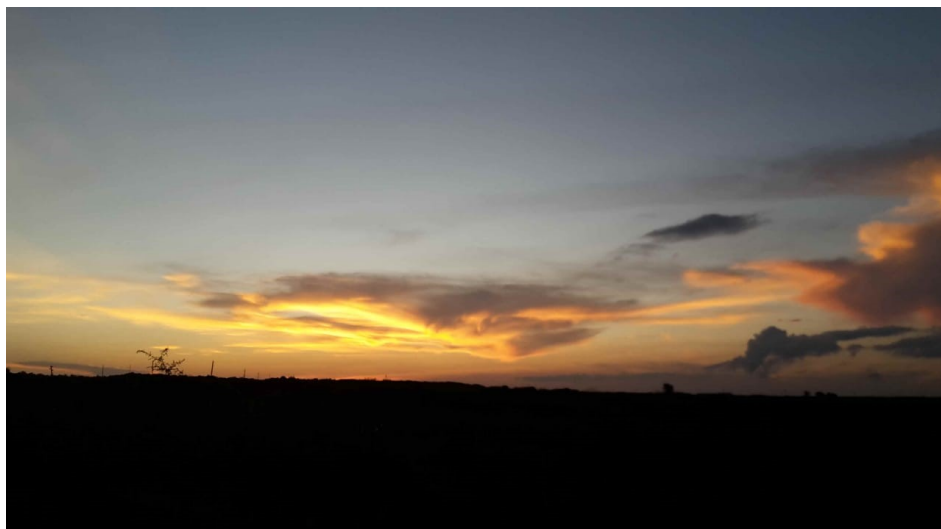
P.S.:

To read, whoever is interested:

Verena's newsletter, SIM- und DMG Missionary, educational director of the bible school  
Tim and Michele George's newsletter; Director SIM Mocambique.

*The Lord bless you and keep you; the Lord make his face shine on you and be gracious to you; 4.Mose 6,24-25*

There is a wonderful worship song - "Der Herr segne Dich/The Lord bless you",  
from Gebetshaus Augsburg, (on YouTube, cover by "the Blessing")



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