

June
2018

Lichinga, Niassa
Moçambique

Deutschland



Dear friends and family!

God says:

I will uphold you with my righteous right hand – do not fear. Isaiah 41:10-13

I will lead the blind by ways they have not known. Isaiah 42:16

Blessed are those who hunger and thirst for righteousness. Mat. 5

HE is a good father, provider, creator.



This is A., 8 years old, he cannot walk (deformed, atrophic feet and lower leg muscles since birth), he can smile and say Mama and Oma. He needs much, but he has a few little friends around him!

It is difficult to just provide “materially”. That kind of aid is often sold right away and won’t reach the really needy person without a voice / without rights in society.

Add to that jealousy and envy of relatives and neighbors etc. ...

I have had experiences where the recipient was robbed right after our visit.

Unfortunately I cannot become invisible, when I visit, actually the opposite –

A white woman with a car means there might be something to gain. I always pray before I visit and during my visit as well, that the children really receive what we gave – maybe blankets or food or clothes.

How to help effectively?

An important part is prayer, another is to keep returning, to ask questions and to give people the opportunity to be honest!

(in their cultural context they will give the answer they think will be expected)

Ask how they are doing, what and when they will eat, has the child been ill, if so, what was the medication / were the caregivers at the hospital etc.

Building trust is a big deal as well, the other one is to not always bring something (even though I would like to), their expectations are huge, so are the demands.

Generating a small income through field work is a part of life, here, people have possibilities of growing food, everything grows well (that is different in central Mozambique, where I used to live for 10 years until September 2016)!

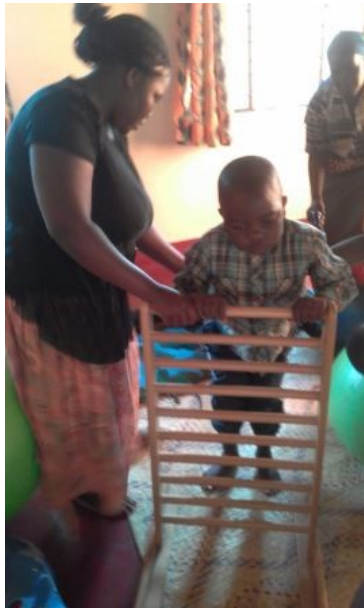
The fields are often far away or there are no men in the house, which means a lack of man power and protection.

Illnesses - depending on the season – are a topic with economic consequences or direct hunger as well, because people may not be able to work their fields.

Many, many visits, working on relationships enable trust, then I can find out what the real need is.



Ivone and Lisa from Lisbon, Portugal visited the physical therapy department at the hospital, as they did last year. They got in touch through the catholic university Lichinga.



C. on the sofa / Bia
Kid's day June 1st
Mary and C.



E. Is able to stand!

And walk with help – it's amazing! An unbelievable answer to our prayers.

It is a miracle, because 1 ½ years he was not able to walk, despite physical therapy and gymnastics done by his mother. She couldn't take him to the hospital, but she did a lot at home. She is one of the best!

On the right in the picture you see Bia, my co worker, she loves the children and helps wonderfully when we meet the mothers at Mary's house on Wednesdays.

She also helps with home visits, especially with the language!

Not many mothers speak Portuguese, most speak ChiYawo or other local languages.

Children working in the bairros, the local districts:

If feel like I am being guided step by step. I am meeting the children that have no one at the right time. The circumstances are often sad and there are hardly laws that help.

BUT: What's worst is rejection, loneliness and abuse.

Loving locals, I know some of them, but many more are needed, without fear (of curses and traditions, the looks, the envy of neighbors etc.). Necessary changes can only happen in the hearts.

There are hardly alternatives, hardly orphanages and in those existing there is often abuse and children lose their identity... in this country it is very important to know your family and to be connected within society.



It is quite windy inside this house, which is why they have the "fire" / smoke inside. It was lit with waste oil.

I was asked by friends from another mission if I could help him with exercises, so he could become more independent and might learn to walk. They support the 67 year old with food and other necessities, because the surrounding neighbors help very little. He lives next to my friends on the outskirts of Lichinga and receives warm food through them every day.

After a stroke 7 months ago his movements are limited, but he can move his right side, bow his knee and lift his arm a little.

He cannot get up or care for himself, depends on others to help him (the state doesn't care, they will only pay a small pension for former soldiers and their widows).



Being a light for Jesus in the dark. PRAYER, an essential key. Please pray with me.
 How can I be more goal focused and more effective?
 With my experiences and who I am?
 What do the "special needs children" need most?
 Physical nutrition, recognition, love, justice in their lives.
 Exercises, like sitting!, getting up, more independent work by mothers, look at E.!!!
 Clothes, warm socks, blankets (I can buy everything on the market, due to the cold temperatures especially during the night – Lichinga is 1,400 above sea level)
 Comfort / safety.



Prayer meeting with friends. Most of them live 3 ½ hours from Lichinga and speak the local language "ChiYawo" fluently, it is close to Swahili with some Arabic influence. It was a great day, worshipping and interceding for the country. It takes place twice a year.



Visit in August 19th-25th

Jess works with children and horse therapy in Texas and was here in November as well. She does fundraising and will bring big gymnastic balls and other materials like plasters etc.!

Here my flight dates to Germany, I am looking forward to it!

Arrival August 30th in the morning,
 Departure October 30th in the evening

Thank you so much for you faithfulness, support in thought, prayer, finances and for packages – great joy! – from my sister, church leaders and friends.



**Love
 Heide**

Donations for UK:

Bank of Scotland
 Sort Code 80-06-55
 Acct. number 00382152

Please include your name and address on the transaction and earmark them for GM – Zwirner

Donations for USA:

Please mail your donations to:
 Globe Missionary Evangelism
 P.O. Box 3040
 Pensacola, FL 32516
 USA

Please make your checks payable to: GME and earmark them for GM – Zwirner

Contact:

In Germany:

Ulrike Lauer
 An der Aue 3E
 64372 Ober-Ramstadt
 Ulrike_Lauer@web.de

In Mosambik:

H. Zwirner

C.P. 296

Lichinga, Niassa

Mosambik

If you want to call me:

My mobile:

00258-87-7835047

Homepage:

**[www.globemission.org/
 Heide-Zwirner.html](http://www.globemission.org/Heide-Zwirner.html)**

E-mail:

heidejes@yahoo.de

Skype:

heidejes

Globe Mission:

www.globemission.org

