

*April–June  
2016*

*Chimoio, Manica  
Moçambique*

*Deutschland*



**Dear friends and family,**

Greetings from a now cooler Gondola, Chimoio!  
Here are photos of the last weeks – much has happened!

First, in March:  
The asbestos **ROOF**  
was changed into a  
steel roof by a team  
from the USA.



**NIGHT SKY** – creative beauty of the universe. Planet Mars, the scorpion constellation... and the milky way are visibly in Mozambique, especially in winter (this photo is from the internet, but it really nearly looks like that).

**CORN**, from my fields. It didn't look too good in April, because there was a lack of rain for about 2 months, but the harvest is better than expected. People are thankful – it is probably still enough to store some for the upcoming hunger period in November.



Corn in the blue bags for distribution at the baby program!  
So far several 50kg bags were filled during this harvest.



**BABY PROGRAM** –  
a 3 year old girl who comes regularly with her father.



***“The Lord is my light and my salvation— whom shall I fear?” Ps.27:1***

Ever since my first arrival in this country’s capital, Maputo, in November 2002, I have seen and learnt a lot.

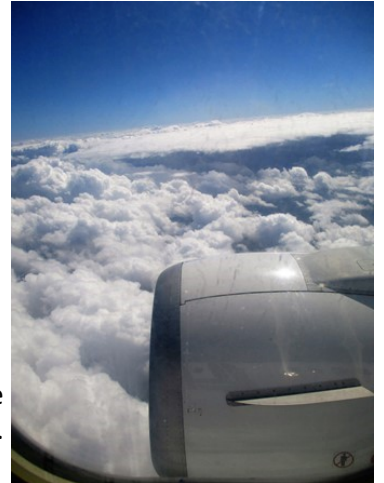
At first I worked with Iris ministries, at that time a big orphanage with 500 children, in their adult and baby clinic. There were times when I would lead it. From April 2003 until September 2004 I worked with Katie in a project for women and minor girls living in prostitution in the capital. I kept working as a nurse at the Iris Ministry clinic, with children and adults, local workers, villagers and visitors.

In 2006 God guided me 1,200km north, to Chimoio in the Manica Province, where I worked in a ministry as a nurse for one year and later under Tracy’s leadership with Africa 180 until today.

From July 2012 until July 2015 I was the leader of the baby clinic, which Natalie took over. I returned at the end of November 2015 until April 2016 to work for absent missionaries at the baby clinic, in the kitchen and administration.



At a waterfall with friends.  
I am thankful for joy, experiences,  
good cooperation and fellowship.



Travelling to North Mozambique

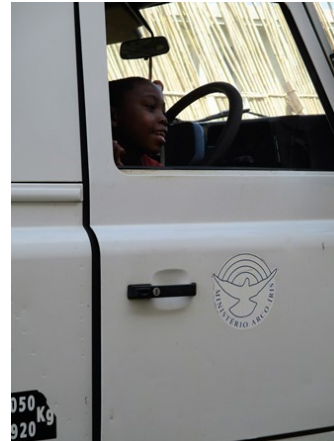
Deuteronomy 32:47 speaks about a new land.

**MAY!**



With my friend Verena

In Pemba in the northeast of the country: a 10 day visit



Visiting Iris ministries – I visited their clinic and later the provincial hospital as well as a private clinic.

A friend of mine got very sick with pain and high fever in addition to an anaphylactic shock due to unnecessary and incorrectly applied medication – she was flown out to Johannesburg, SA, after 43 hours, where she had an appendix operation.

I was heavily involved through many phone calls with international employers, the insurance and the airline for the emergency flight and I am very happy that it all ended so well – a blessing!

A very good South African doctor cared for her for the last 23 hours.

That was very expensive as well... The Insurance paid for her treatment.



**LICHINGA**, about 1300m above sea level, borders Lake Malawi and Tanzania in the North... the biggest province. Climate is good for farming, cattle etc., so far hardly developed.

A Farm with two horses close to Lichinga. A 4x4 car is essential, because most streets consist of red dirt with deep grooves or mud during rainy season.



THANKS to all of you – many years of faithful support and prayer are having great effect! God has always carried me through, has given me joy and friends.



Last year was an exciting time for me, while – among other things – I spent nearly three months in the USA to look at Christian Farms and their riding therapy. God confirmed that I should proceed towards that kind of riding therapy for special needs children in Mozambique – it will be healing through the time with the animals, but also a protected place, where children can simply be and learn by playing.

Riding therapy with children:



It is about quality time with children and mothers, team prayer and that Jesus will be glorified. The creature horse won't be the center, but means to an end. Healing and renewal can take place, self esteem is strengthened – also by slowly building relationships, playing, teaching Mozambican co workers etc. I keep remembering touching moments from my time in the USA, as well as a few years ago with children and horses, here.



Just touching the soft coat, the presence of the big, quiet animal gave impulses to laugh or make speaking noises, mother or grandmother were amazed by the spontaneous reaction and started to open up, to talk or to just enjoy her usually refused child (Everything is a "curse" here and witchcraft the root of every problem in life). Those were special moments for me, where I experienced more of God by being together, the openness was tangible, it was easier to reach people.

The positive changes through animals, especially horses, are commonly known. Coordination improves, balance, the way of walking imitates the human walk. Also autistic children learn to speak better or speak at all through stimulation while riding or handling horses. Even tense legs or feet, cramped hands, closed fists relax while sitting on a horse.

There are networks of similar ministries in and around Lichanga.  
I met an English doctor who has been travelling distant villages by bike!  
for the last 15 years to treat patients with epilepsy or to teach about the  
sickness and to improve living conditions.

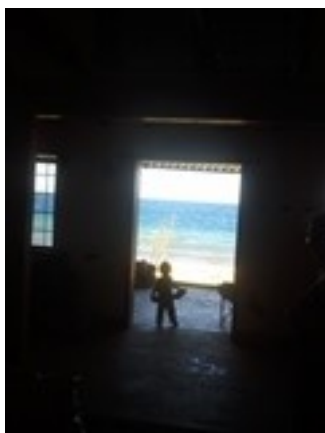
She confirmed that – just like in our area – patients often don't receive  
medication and are slightly or moderately handicapped by frequent  
seizures. Underlying sicknesses are malaria, perinatal hypoxia, meningitis  
etc. Epilepsy can be inherited as well.

I also met a couple that works in a Christian orphanage. The wife is a  
physiotherapist. She told me about children with special needs (often  
developed through malaria, meningitis, TB, HIV, alcohol abuse and a lack  
of oxygen during birth or inherited symptoms), there are many more  
children like that, needing treatment or any kind of positive attention.

The mothers need to be taught accordingly, so they can have hope for  
their children. If mothers or caregivers meet, it is already a great  
encouragement, because exchange happens by itself. I have experienced  
that while working in the baby program. I want to be there for them as  
well and support them.

Working as a nurse in existing programs is important for me as well.  
And then there will be language studies as well, there are three local  
tribes (Yao, Njinja, Macua), the biggest group are the Yao, mainly  
unreached, Moslem-animistic.

Childlike faith, step by step.



I am experiencing a new dependency towards  
God. It is very exciting and challenging.  
His faithfulness is overwhelming.

Thank you from my heart –  
I am planning to be in Germany from the  
beginning of July until the end of August.  
I'm looking forward to meeting with you!

Please stay in touch,  
email [heidejes@yahoo.de](mailto:heidejes@yahoo.de)  
0049 1575 2544125



**Heide**

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#### **Contact:**

##### **In Germany:**

Ulrike Lauer  
An der Aue 3E  
64372 Ober-Ramstadt  
[Ulrike\\_Lauer@web.de](mailto:Ulrike_Lauer@web.de)

In Mosambik:  
H. Zwirner  
C.P. 143  
Chimoio, Manica  
Mosambik

If you want to call me:

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**00258-82-7488160**

#### **Homepage:**

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